



Accelerated Technique and Competition Program 2023-2024

- **Accelerated Technique Program:**

Our accelerated technique classes are offered to dancers ages 5-18 years who have had at least one prior year dance experience and are interested in taking dance more seriously. Our technique classes will consist of Ballet, Tap, Jazz, Lyrical/Contemporary and Acro. We will be using our Days of Dance summer workshops as an evaluation for those interested in technique classes. If you are unable to attend our workshops but still interested in the accelerated technique program, please contact the office. Our classes are split based on age and ability. Depending on your dancer's placement, here are the days and levels offered in the Fall:

Minis (Ages 5-9 years): Monday evening and Saturday morning

Petites (Ages 7-10 years): Tuesday and Thursday evenings/Saturday acro

Juniors (Ages 9-12 years): Tuesday and Thursday evenings/Saturday acro

Preteens (Ages 10-13 years): Tuesdays and Thursday evenings/Saturday acro

Teen/Senior (Ages 13 and older): Monday and Wednesday evenings/ Saturday rehearsals & ballet class

- **Competition Program (Team BASD)**

Our team BASD competition program is open to dancers ages 5-18 years who are enrolled in our accelerated technique classes. If you would like to join Team BASD please note that your dancers will have to practice an additional 1-5 hours per week (Depending on age and level). Our youngest levels (Mini, Petite & Junior) will practice an additional 1-3 hours per week and our older levels should expect to practice an additional 2-5 hours per week. We do try to schedule competition rehearsals before/after their weekly technique classes for our younger levels. The requirements for joining the competition program are as follows:

--Dancers must attend accelerated technique classes and competition practices weekly.

--Dancers will be required to attend three regional competitions in the Spring (normally one in March, April and May). Regional competitions can be local (Lexington or Richmond) or 1.5-3 hour driving distance. We normally attend one local competition and two competitions out of town.

--Dancers who compete with solo, duet and/or trios will be required to attend at least ONE of our workshops. Workshops for all other students are optional.

--Dancers will be required to participate in our Holiday Show and end of the year Recital.

Additional Information:

Competition Program Costs: The fee listed below will cover choreography and weekly practices for the 2023-2024 season.

